

## restore balance this morning

our SuperFoods menu features revitalizing dishes with healthy lifestyle portions made from powerhouse ingredients rich in nutrients, antioxidants and delicious taste so you can start your day feeling recharged.

### superfoods\*\*

blueberries	tomatoes	oats
pomegranate	avocado	low-fat yogurt
apples	broccoli	spinach
salmon	nuts	



## indulge

### copley square\*

orange-mango shot, pecan waffle, seasonal fruit & an egg benedict 17.00

### poached organic egg, smoked salmon "benedict" \*<sup>SUPERFOODS</sup>

wilted spinach, english muffin, citrus hollandaise 17.00

### whipped egg white omelet

broccolini, oven roasted tomato and vermont cheddar cheese, served with hash browns or field green salad 16.00

### crisp belgian waffle

seasonal berries, whipped butter & warm maple syrup 15.00

### smoked salmon

grape tomatoes, cream cheese, capers, red onions, boiled eggs & toasted bagel 17.00

### the copley buffet

scrambled eggs, bacon, pork sausage links, breakfast potatoes, omelet station French toast, fresh fruits, hot & cold cereals, yogurt, granola, freshly baked breads & bagels, assorted fresh juices & starbucks coffee 26.00

### smart start buffet

selection of fresh fruits, hot & cold cereals, yogurt, granola, freshly baked breads & bagels, assorted fresh juices & starbucks coffee 19.00

## revive

### berry, apple & granola muesli <sup>SUPERFOODS</sup>

low-fat vanilla yogurt, banana, walnuts, pomegranate essence 9.00

### whole grain cereal or all natural granola <sup>SUPERFOODS</sup>

seasonal berries or sliced banana, soy milk available 8.00

### steel cut oat brulee <sup>SUPERFOODS</sup>

honey glazed green apples, bananas & toasted pecans 8.00

### market's fresh cut fruit & berries <sup>SUPERFOODS</sup>

bountiful selection of the season's best 10.00

## rejuvenate

### build your own omelet

choice of three fillings: smoked ham, cheddar, tomato, mushroom, onions, peppers, swiss, salsa, spinach with hash brown potatoes 16.00

### eggs benedict\*

two poached eggs, canadian bacon on an english muffin, topped with chive hollandaise sauce with hash brown potatoes 17.00

### grilled ham and eggs\*

organic eggs done your way, crisp hash browns & choice of toast (change to bacon or sausage if you prefer) 14.50

## invigorate

### buttermilk or granola flapjacks

served with warm vermont maple syrup, butter, fresh berries and orange segments 15.00

### corned beef hash

freshly made with two eggs any style 15.50

## options

freshly brewed starbucks coffee regular or decaffeinated 4.50

juice orange, grapefruit, apple, cranberry, tomato or V8 5.00

selection of toast butter and preserves 5.00

toasted bagel with philadelphia cream cheese 5.50

crisp hashed brown potatoes 5.00

low-fat yogurt choose from fruit, berry or plain 5.00 <sup>SUPERFOODS</sup>

crisp smoked bacon, breakfast links, grilled ham or chicken apple sausage 6.50

\*Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase your risk of food-borne illness

Before placing your order, please inform your server if a person in your party has a food allergy

<sup>SUPERFOODS</sup> SuperFoods signature dishes have been indicated with the SuperFoods logo.  
\*\*These nutritional powerhouse foods can help extend your health span - the extent of time you have to be healthy, vigorous and vital." Dr. Steven Pratt, author of SuperFoods Rx: Fourteen Foods That Will Change Your Life.  
Parties of eight or more, an 18% service charge will automatically be added to your bill